



Bed Bugs: Get Them Out and Keep Them Out



Take the Bite Out of Bed Bugs

[Learn how to Protect Yourself from Bed Bugs in Public Places.](#)

Learn About Bed Bugs

- [Introduction to Bed Bugs](#)
- [Characteristics of Bed Bugs](#)
- [How to Find Bed Bugs](#)
- [Bed Bug Information Clearinghouse](#)
- [What Landlords Need to Know](#)

Prevent Infestations

- [Protecting Your Home](#)
- [Protecting Yourself at School or Office](#)
- [Tips for Travel](#)
- [Print an Information Card to Carry With You](#)

Get Rid of Bed Bugs

- [Using Integrated Pest Management](#)
- [Pesticides for Bed Bug Control](#)
- [Steps for "Do-It-Yourself"](#)
- [Safety Issues in Controlling Bed Bugs](#)
- [Find Help With Bed Bug Problems](#)

Popular Topics and Resources

- [Top Ten Tips to Prevent or Control Bed Bugs](#)
- [Bed Bug Collaborative Strategy](#)
- [Public Health Issues](#)

Questions?

- [Bed Bug Laws and Regulations](#)
- [Bed Bug Myths](#)
- [Regional Bed Bug Contacts](#)

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- [Tackling Bed Bugs: A Starter Guide for Local Government \(pdf\)](#) [↗](#)
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- [Información relacionada disponible en español](#)

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